

September 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>www.ngyoga.com</p> <p>706.350.4021</p> <p>https://schedulebliss.com/ngyoga</p>		<p>1 Feel Good Flow (Mindy) 9 am Yin/Yang (Mindy) 6 pm</p>	<p>2 Kundalini (Mindy) 8 am</p>	<p>3 Power Slow Flow (Danna) 10 am Gentle Flow (Danna) 6 pm</p>	<p>4 Check out our On Demand Library</p>	<p>5 SUP Yoga 9 am Check out our on Demand Library</p>
<p>6 Check out our On Demand Library</p>	<p>7 Mixed Level Flow Mandy 10 am</p>	<p>8 Feel Good Flow (Mindy) 9 am Yin/Yang (Mindy) 6 pm</p>	<p>9 Kundalini (Mindy) 8 am</p>	<p>10 Power Slow Flow (Danna) 10 am Gentle Flow (Danna) 6 pm</p>	<p>11 Check out our On Demand Library</p>	<p>12 Check out our On Demand Library</p>
<p>13 Check out our On Demand Library</p>	<p>14 Mixed Level Flow Mandy 10 am</p>	<p>15 Feel Good Flow (Mindy) 9 am Yin/Yang (Mindy) 6 pm</p>	<p>16 Kundalini (Mindy) 8 am</p>	<p>17 Power Slow Flow (Danna) 10 am Gentle Flow (Danna) 6 pm</p>	<p>18 Check out our On Demand Library</p>	<p>19 Check out our On Demand Library</p>
<p>20 Check out our On Demand Library</p>	<p>21 Mixed Level Flow Mandy 10 am</p>	<p>22 Feel Good Flow (Mindy) 9 am Yin/Yang (Mindy) 6 pm</p>	<p>23 Kundalini (Mindy) 8 am</p>	<p>24 Power Slow Flow (Danna) 10 am Gentle Flow (Danna) 6 pm</p>	<p>25 Check out our On Demand Library</p>	<p>26 SUP Yoga 9 am Check out our on Demand Library</p>
<p>27 Check out our On Demand Library</p>	<p>28 Mixed Level Flow Mandy 10 am</p>	<p>29 Feel Good Flow (Mindy) 9 am Yin/Yang (Mindy) 6 pm</p>	<p>30 Kundalini (Mindy) 8 am</p>			<p>www.ngyoga.com</p>